

TRAIL HAUT KOENIGSBOURG® : Regulations for the 13KM 2023

Article 0 : Covid 19

In view of the uncertainties related to the current health situation (Covid-19), we reserve the right to modify the regulations of our races according to future government directives.

Article 1 : Races

- Trail Hahnenberg with a distance of 13km and a positive climb of around 350 metres.

Unexpected check points will be carried out throughout the courses. The entire bib must to be attached to the runner's chest. Failure to observe these regulations will result in the disqualification of the participant, the decision will be final. A competitor who abandons must hand over his/her bib or chip to the nearest food station or marshal..

When on a public road each participant must abide by the highway code and the FFA regulations in respect to out of stadium races and will be solely responsible for any breach of these rules.

Are forbidden on the course:

Any followers – Any non-accredited vehicles (including bicycles) – Dogs, even on a leash – Food supplies out of the accredited zones – Use of walking poles on the 13km race.

Article 2 : Conditions of Participation

To be able to take part in the Trail Hahnenberg of a distance of 13Km competitors must be born in **2005** or before.

Following article L. 231-3 of the Code du Sport, F.F.A. licensees have to provide a photocopy of their current valid license.

F.F.Triathlon licensees are accepted only if their license mentions that they can "practice competitive sport".

Other participants must provide a medical certificate dating less than a year old at the date of the THK race, or a photocopy (digital copies are not valid), stipulating that they reveal no medical indication against practicing competitive running. The mention of any other sport will not be accepted. **Participants can download a medical certificate template from our web site.**

Bibs are to be collected at the **Salle des Fêtes the day before the race from 3pm to 5pm, or from 6am on the day of the race.**

For reasons of organisation (and Covid-19), registrations will not be accepted on the day of the race.

Article 3: Start & Times

Start : **Sunday 3 September 2023 Office de Tourisme of Kintzheim.** (Rue du Général De Gaulle) **Times : 9am (13Km)**

Article 4 : Modification / Cancellation of the race

For security reasons, or in case of absolute necessity (weather conditions,...), the organisers and their representatives reserve the right to modify a race, stop an incurring race or even cancel a race for whatever reason without any obligation to refund the participants.

If the event has to be cancelled by administrative decision related to the health crisis (covid-19), the organizer undertakes to reimburse the full amount of the registration minus the management fees.

Article 5 : Food Stations

- On the 13Km : 1 at the arrival only.

WE NO LONGER PROVIDE WATER CUPS ON ANY OF THE FOOD STATIONS

Article 6 : Obligatory security equipment for all participants

Other than a reusable water cup, the organisers do not impose any obligatory equipment for the 13Km race, but each participant is requested to provide the minimum necessary according to his/her personal needs.

Article 7 : Time barriers (local times GMT+1)

For security reasons, and for the re-opening of public roads, time barriers have been set by the organisers.

Any participant arriving at a control post after the affixed time (mentioned below) will have his/her bib withdrawn; from then on they will no longer be part of the race and if he/she continues it will be under his/her own responsibility.

- For the 13Km – no time barrier

Article 8 : Prizes

For the 13Km, prizes will be given to the first 3 Men and first 3 Women of the scratch, and also the 1st of each category, including the new Masters categories. Rewarded participants must be present during the ceremony. If the person is absent then the prize will be returned to the organisers.

Depending on the health situation related to (covid-19), modalities will be specified later.

Article 9 : Security – Insurance

Two emergency doctors, as well as a Red Cross team, will guarantee the safety of the competitors throughout the race. The organiser is covered by a civil liability but each participant must be covered by their own insurance and waiver all claims against the organisers.

Article 10 : Accidents / Theft

The organiser can not be held responsible in case of accidents, failure due to ill-health or insufficient preparation, or in the event of theft of personal belongings during the race.

Article 11 : Registration

Registration is final and will not be refunded for any reason whatsoever.

Reasons for a non-validation of a registration :

- ✓ No medical certificate
- ✓ Medical certificate more than a year old
- ✓ Falsified or unreadable medical certificate
- ✓ Use of a different medical certificate than the official THK Medical Certificate provided on our web site

Enrolment

Registration via internet only

Registrations are accepted via www.sporkrono.fr with secured credit card payment until **Tuesday 15 August 2023, 23h59**.

Enrolment will be closed after these dates or as soon as the maximum number of participants has been reached.

You may upload your signed THK medical certificate 2023 or your valid license to the « sporkrono.fr » web site.

Digital copies on smartphones or other devices **are not accepted**.

Article 12 : Environment

In order to respect the environment and nature, and more precisely the national park Ballon des Vosges, it is strictly forbidden to abandon on the course any waste whatsoever under penalty of immediate disqualification. The races only use existing paths, it is therefore mandatory to follow the paths or marked trails to avoid soil erosion.

Article 13 : Image rights

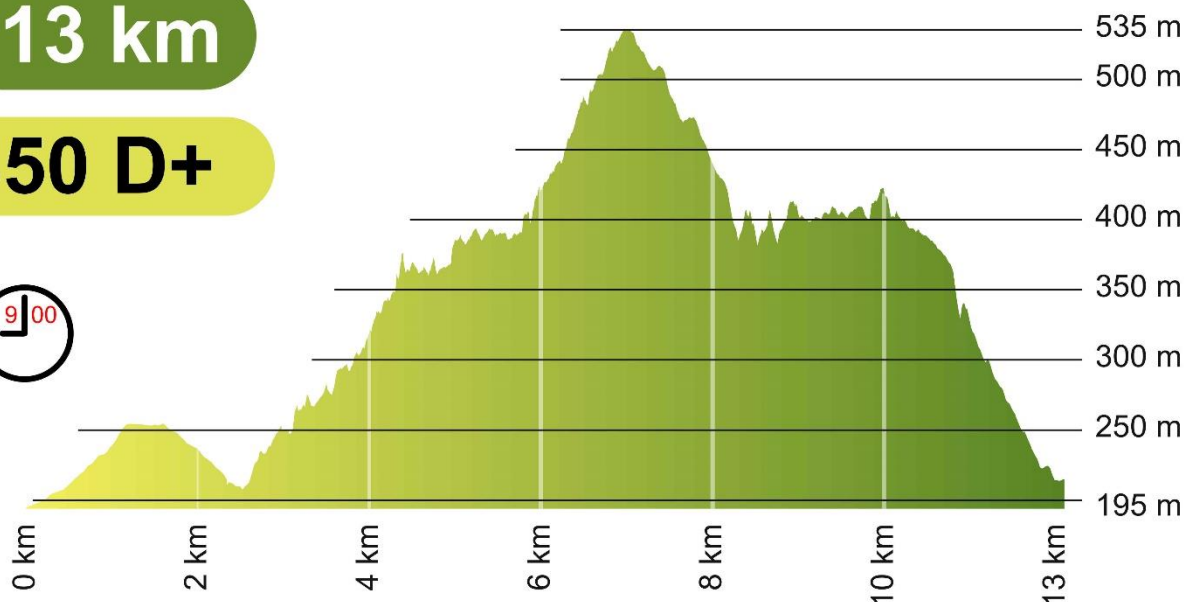
Participants authorise the organisers, as well as accredited persons such as partners and the media, to use still images, audiovisual images taken from the ground or in the air, or images broadcast on social networks on which you may appear during one of our races.

All participants of the Trail Haut-Koenigsbourg® are deemed to have read these rules and accept the terms.

Mini Trail du Hahnenberg

13 km

350 D+





2023

Trail du Haut-Koenigsbourg®

Medical Certificate

This certificate, which conforms to French legislation, is mandatory and is the only one recognised by the Association Sportive Trail du Haut-Koenigsbourg.

I, the undersigned Doctor

Certify that I have examined:

Mr/Mrs (full name)

Date of Birth:

Nationality:

and that he/she reveals no medical indication against his/her participation in the following Trail Haut-Koenigsbourg® **competitive running** event (please check):

- 13 Km** Hahnenberg Trail (positive climb of **350m**) – born in **2005** or before
- 25 Km** Haut-Koenigsbourg Trail (positive climb of **880m**) – born in **2003** or before
- 59 Km** Intersport Sélestat Haut-Koenigsbourg Trail (positive climb of **2220m**) – born in **2003** or before
- 104 Km** ULTRA Haut-Koenigsbourg Trail (positive climb of **4680m**) – born in **2003** or before

Date:/...../2023

Stamp (or professional number) and Signature of the physician
(MANDATORY)

YOU WILL NEED THIS SIGNED DOCUMENT WITH YOU WHEN YOU COLLECT YOUR BIB